Week 1  Getting Acquainted
Week 2  Effective Speaking Skills
Week 3  Effective Listening Skills
Week 4  Effective Problem-Solving Skills
Week 5  Bonding Through Play and Reading
Week 6  The Child’s Job and the Parent’s Job
Week 7  Nurturing Your Child’s Temperament
Week 8  Structure Through Family Routine
Week 9  Directions and Encouragement
Week 10  Rules, Rewards and Consequences
Week 11  Timeout and Privilege Removal
Week 12  Going Home: Your Children and You