Lesson 1.1 - Getting Acquainted

Lesson 1.1 Getting Acquainted
Lesson 1.2 Destination Adulthood
Lesson 1.3 The Family System

Lesson 2.1 Effective Speaking Skills
Lesson 2.2 Effective Listening Skills
Lesson 2.3 Effective Problem-Solving Skills

Lesson 3.1 Bonding Through Play and Reading
Lesson 3.2 Connecting Through Letters, Calls and Visits
Lesson 3.3 Bonding Through Emotion Coaching

Lesson 4.1 Introduction to Human Development
Lesson 4.2 The Child’s Job and the Parent’s Job
Lesson 4.3 Brain Development

Lesson 5.1 Adult Stage Development
Lesson 5.2 Family Meetings and Family Fun
Lesson 5.3 Family Identity, Structure and Routines

Lesson 6.1 Nurturing Your Child’s Temperament
Lesson 6.2 Your Child’s Love Language
Lesson 6.3 Your Values and a Plan for Parenting
PIO Topics (continued)

Topic 7  Parenting More than One Child

Lesson 7.1  Sibling Relationships
Lesson 7.2  Managing Sibling Rivalry

Topic 8  Child Guidance

Lesson 8.1  Directions and Encouragement
Lesson 8.2  Rules, Rewards, and Consequences
Lesson 8.3  Timeout and Privilege Removal

Topic 9  More Child Guidance

Lesson 9.1  Dealing With Behavior Challenges
Lesson 9.2  Parenting Adolescents
Lesson 9.3  Healthy Teen Partner Relationships

Topic 10  Transitioning to the Community and Parenting Practice

Lesson 10.1  Advocating for Your Children
Lesson 10.2  Reintegrating Into the Community
Lesson 10.3  Going Home: Your Children and You

Topic 11  Wrap Up

Lesson 11.1  Wrap-up and Closure