

Parenting Inside Out Course Outcome Guide

Theme(s): Re-entry; family and community re-integration; parent management training; systemic, collaborative, co-creation of individualized family support to improve outcomes for children

Prerequisites	Concepts & Issues	Skills	Assessment Tasks	Intended Outcomes
What requirements must parents meet?	What concepts & issues must parents understand to transfer their skills to novel situations?	What skills do parents need to successfully accomplish the assessment tasks?	What tasks can parents perform in the classroom to give a reasonable indication that they have the skills to meet the rest-of-life outcomes?	What should parents be able to do in the rest-of-life (outside the PIO classroom) to be successful pro-social adults?
A justice impacted parent with no crimes against children	<ul style="list-style-type: none"> Continuing education Compliance with conditions of post-prison supervision or community-based corrections Interrupting intergenerational patterns of substance abuse Child and family adjustment to parental incarceration and re-entry Family violence prevention and intervention Prosocial lifestyle choices Creating supportive family partnerships with child welfare and parole and probation Managing mental and physical health challenges 	<ul style="list-style-type: none"> Communication Problem-solving Planning, prioritizing & organizing Creating lifestyle structure and healthy daily habits Healthy self-care Monitoring & supervision Healthy nurturing habits Creating and nurturing pro-social networks Accessing community resources Advocating for the family Identifying personal & cultural values, and transferring those to children Healthy, non-violent relational techniques Non-violent child guidance techniques Positive encouragement 	<p>Develop a personalized family plan including:</p> <ul style="list-style-type: none"> How you will select and utilize child guidance strategies individualized to your children's unique development (P,C,J), temperament (P,C), and learning style needs (P,C) How you will meet your job, housing, medical, educational and social support needs in the community (P) Your unique identity as a family and how you will communicate and share that identity with your children (P,C) 	<ul style="list-style-type: none"> Implement personally relevant habits of nurture and structure to support, guide and protect family Practice healthy, non-violent relating with significant others Effectively communicate & problem-solve Select and apply individualized, non-violent child guidance strategies in response to the unique needs of your children Access community resources and socially acceptable avenues for meeting individual & family needs, acting as an advocate for yourself and your children Advocate effectively for self and children in community, schools, healthcare & social service arenas Practice sobriety and work recovery plan as needed

Table 1