



## PIO Topics



- Lesson 1 Getting Acquainted
- Lesson 2 Effective Speaking Skills
- Lesson 3 Effective Listening Skills
- Lesson 4 Effective Problem-Solving Skills
- Lesson 5 Bonding Through Play and Reading
- Lesson 6 The Child's Job and the Parent's Job
- Lesson 7 Nurturing Your Child's Temperament
- Lesson 8 Structure Through Family Routine
- Lesson 9 Directions and Encouragement
- Lesson 10 Rules, Rewards and Consequences
- Lesson 11 Timeout and Privilege Removal
- Lesson 12 Going Home: Your Children and You