Lesson 1  Getting Acquainted
Lesson 2  Effective Speaking Skills
Lesson 3  Effective Listening Skills
Lesson 4  Effective Problem-Solving Skills
Lesson 5  Bonding Through Play and Reading
Lesson 6  The Child’s Job and the Parent’s Job
Lesson 7  Nurturing Your Child’s Temperament
Lesson 8  Structure Through Family Routine
Lesson 9  Directions and Encouragement
Lesson 10  Rules, Rewards and Consequences
Lesson 11  Timeout and Privilege Removal
Lesson 12  Going Home: Your Children and You