



PIO Topics



Topic 1 Creating a Safe Place to Work Together and Learn

- Lesson 1.1 Getting Acquainted
- Lesson 1.2 Destination Adulthood
- Lesson 1.3 The Family System

Topic 2 Communication and Problem Solving

- Lesson 2.1 Effective Speaking Skills
- Lesson 2.2 Effective Listening Skills
- Lesson 2.3 Effective Problem-Solving Skills

Topic 3 Connecting With Your Child

- Lesson 3.1 Bonding Through Play and Reading
- Lesson 3.2 Connecting Through Letters, Calls and Visits
- Lesson 3.3 Bonding Through Emotion Coaching

Topic 4 Human Development

- Lesson 4.1 Introduction to Human Development
- Lesson 4.2 The Child's Job and the Parent's Job
- Lesson 4.3 Brain Development

Topic 5 Healthy Families

- Lesson 5.1 Adult Stage Development
- Lesson 5.2 Family Meetings and Family Fun
- Lesson 5.3 Family Identity, Structure and Routines

Topic 6 Parenting Children as Individuals

- Lesson 6.1 Nurturing Your Child's Temperament
- Lesson 6.2 Your Child's Love Language
- Lesson 6.3 Your Values and a Plan for Parenting

PIO Topics (continued)

Topic 7 Parenting More than One Child

Lesson 7.1 Sibling Relationships

Lesson 7.2 Managing Sibling Rivalry

Topic 8 Child Guidance

Lesson 8.1 Directions and Encouragement

Lesson 8.2 Rules, Rewards, and Consequences

Lesson 8.3 Timeout and Privilege Removal

Topic 9 More Child Guidance

Lesson 9.1 Dealing With Behavior Challenges

Lesson 9.2 Parenting Adolescents

Lesson 9.3 Healthy Teen Partner Relationships

Topic 10 Transitioning to the Community and Parenting Practice

Lesson 10.1 Advocating for Your Children

Lesson 10.2 Reintegrating Into the Community

Lesson 10.3 Going Home: Your Children and You

Topic 11 Wrap Up

Lesson 11.1 Wrap-up and Closure